

Supreme Being in a Moment

(Pal Me Alakh Lakhawe)



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Preface

Sadguru is omnipotent. He can bless us with the Supreme Being in a moment. He has taken an oath also, to bless at least a hundred thousand souls. Then, where is the pitfall? Pitfall is within us – lack of *Seva Bhava* (readiness to serve Sadguru)!

This incidence has been described, in his own words, by one of the greatest souls – one, who went beyond the call of duty to serve the Sadguru – Mr. Sevavratiji. He was severely tested by Sadguru before blessing him with the priceless possession – the absolute bliss.

Pt. Achileshwar Mishra – Vice President, Vihangam Yoga Saint Samaj, has completed this priceless work that had been published in our divine magazine '*Sahaj Yoga Sandesh*' in its '*Reminisces Special*' copy, Jan-Feb 2002. Probably no other scripture has described the infinite blessings of the Sadguru so much in complete, wherein somebody has been walked through all the five stages of Vihangam Yoga in moments and then, has been asked to describe the same to put in words.

I will feel myself blessed if this translated scripture add to bring in more faith towards Sadguru's omni-potency and emphasize over the fact that –

*Sevajit Uttirna ko Vishva Alabhya na Hoya!
Mukti Tahi Pichhe Fire, Sadguru Sevak Soya!!*

i.e. Nothing, absolutely nothing is there in the universe which is not available for one who has gone beyond call of duty to serve Sadguru. He is the ideal disciple of Sadguru and salvation is a piece of cake for him.

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PAL ME ALAKH LAKHAWE

[He can take you to the Supreme Being in a Moment]

- Pt. Achleshwar Mishra

Afternoon around 3 O' Clock, Swamiji asked for his chair and sat facing north. Swamiji asked Mr. Sevavratiji as well as both of us (Shreyanand Sadhu & me) to sit down. We all sat in *Sid asana*. Sevavratiji was sitting in middle. We all had a gap of around one foot among ourselves while facing Swamiji only.

While looking straight at Sevavratiji, Swamiji said - You don't belong to this world. Your lighted nectar (*Amrita*) world - *Amritadesh* - is somewhere else. This is an alien world; this is a mortal land. You have to reach to your eternal friend who resides at a place beyond any suffering. Having said that, Swamiji started singing a *bhajan* (spiritual song) - "*Sadguru Hai Rangarej, Chunari Mori Rang Daari...etc.*" In the very second stanza of the Bhajan, I saw that Sevavratiji stopped breathing. Hands and legs grew unexpected tight. Mouth and lips also grew irregular-shaped as if he was paralyzed. Swamiji asked me, "Pandit! See if veins are live; how about heart beats?" I checked his veins; they were lifeless. Heart had also stopped beating. The eyeballs had grown irregular-shaped. I spoke to Swamiji, "O Lord! Not only veins and heartbeats are lifeless, but also face has grown ugly-shaped. As if the whole body has grown malignant tight. Will everything be all right, won't it? Swamiji and Acharyashree I, who was sitting beside Swamiji, smiled together.

Looking at Sevavratiji, Swamiji said, "It has already been an hour. It is also a time for my Seva (service). How long will you remain in this posture, Get Up now! Open your eyes!!" Instantly his body started gaining its flexibility. Malignant tight face started getting normal. Eyebrows grew normal. Eyes opened. Now his consciousness started flowing towards outer world. He got up cautiously and saluted (*Sashtang Dandawat*) Swamiji, Acharyashree I and 'Baba' and returned to his seat. Swamiji asked him to explain where he was, how he reached there and what all happened in the way.

Sevavratiji started sharing - Swamiji! As soon as you started saying that this is not your own land, it is an alien place; you have to travel to your own land, etc. and started singing the Bhajan, I found a tremendous change inside. At the very outset, my breath got pulled above *Mooladhar Chakra* (The *Chakra*, situated around perineum). I felt as if somebody has pulled my breath out forcefully. I was losing sense of my physical being. I was experiencing quite explicitly a peculiar kind of vibration in *Mooladhar, Manipoorak and Swadhisthan Chakras*. I could also figure out different kinds of lights at these centers. Very soon I realized that my heart is also vibrating with a subtle vibration and I listened 'Gar-Gar' kind of sound. A few moments later, a dense light got spread all around my heart. There I came to know - "This light itself is me - the SOUL (*Atmadeva*)". This light is the very reason of

motion in all veins, heartbeat and deeds of *Prana* (which, when comes out, body becomes dead), performed by the body. This is the light that is causing the body to perform the action and motion. Then, my consciousness reached at the *Chakra* situated at the throat. A little light with light vibration appeared there. I realized in this light that Yogi wins over his hunger and thirst once he concentrates at this light. Achievement of each of these *Chakras* overwhelmed me in its own way. Next, I reached at *Ajya Chakra*. It was a great, exciting and overwhelming incidence to see the full moon-shaped light of 'Om' and appearance of 'Om' there. After that, while listening to various *Shabd*s (words) in the middle of brain I reached at the place of 'Raram'. I could listen to the sound of 'Raram' explicitly. I also listened to the sound of *Ghanta* (An instrument which is played in temples) there. The divine light was very soothing. Many sages and divine souls appeared there in the light form. Having fallen that light on me, I felt myself free from all sins. Exactly then, I experienced that some energy, shining like thunder light, has reached at the remotest bank of the brain while passing through the backbone with a peculiar sound. I felt as if millions of fire points have been lit. I experienced something passing from there and discovered myself in a position to travel around infinite space. Once done, I saw a very fine white lotus flower facing downwards. I saw a subtle thread just like what is found inside a lotus flower. I heard you saying there, "Ascend (through your consciousness) upwards by catching this shining thread, which also joins to heart." I found it extremely difficult to ascend by catching that thread. While remembering you I caught hold of that thread. I don't know who propelled me to the great-lighted space, full of a fine vibration. I could very well realize the infiniteness of that great light! My consciousness or the whole conscious being was converting itself into infinite after coming out of the gross body. It was as if I was spreading infinitely in the universe. My limited gross sightedness is spreading infinitely. With infinite, I am also touching the infinity. As if my consciousness has become multi-directional by touching the infinity. Remotest of the points and infinite distance thereof were now part of 'I'. Then, I found myself floating in infinite bliss. I found myself surrounded by an everlasting bliss. I saw the whole universe being created there right from scratch. I found myself floating in eternal, everlasting bliss. I also saw the minutest particles as well as the whole universe vibrating because of the fine vibrations in that lighted entity. I saw many divine *lokas* (the complete universes), suns, moons, etc. being created in moments because of the vibration in that lighted entity. Creation and destruction were routine activities. Creations and destructions were dancing continuously in normal mode in that homogeneous light. Mishaps and nourishment as well as the complete destruction of the whole universe were also under the purview of this lighted entity only. I had also surrounded myself with the same infinity, or in other words, that infinity had descended itself down on myself being. I was listening to the 'Aakar' sound of *Shabda Brahma* in various formats. Later on, that sound started vibrating in the whole universe as well as each and every particle therein. I can hear that sound even right now.

Having a sight of these all, and possessing the *Brahma energy*, I realized that these all sights as well as the whole universe are my own creations. I am the very reason of all these happenings. I am the very reason of the creation, nourishment and destruction of the whole universe. I only am the *Brahma power* and I myself am the *Brahma*! What vibrated from inside me was - 'AHM BRAHMASMI' (I am the Brahma). Right then, you appeared there and warned - "You are not the *Brahma*. Can you see a subtle hole here? Get inside that in the form of your *Surati* (the Flow of Consciousness). You will come to know about the ultimate truth - *Parambrahma* - yourself once you reach there."

I tried my best to take my *Surati* inside that very fine hole, but could not succeed. Then I recalled you and tried once again and got inside. You appeared there for a moment and disappeared.

Now, I had reached at a great-lighted space where there was no vibration. That great lighted entity was quiet, cool and motion-free. Great light itself was nothing but absolute bliss itself. I was getting lost in that great bliss as if I myself would be blissful. I was enjoying there the most sought - *salvation and devotion* - at the same time. I could experience that this lighted space itself is '*Raso wai sah*' (He is full of enjoyment). Right then, I heard you saying - "This is '*Teen Pada Amrita*' (three forth nectar); this is *Bhuma* (another name of supreme soul, as has been described in *Vedas*); this is the Supreme Being; this is infinite, the absolute bliss, beyond any thought and the absolute truth. This is beyond *sat* (truth) and *asat* (untruth). He is the one who should be possessed at any cost and so should a yogi try his best to find Him. This is the most gigantic entity. This is the entity that is the very reason of the vibration or motion in the invisible indifferent '*Aa*' *Akshar* for all creations, nourishment and destructions. But, it itself is motionless; it does not have a single bit of vibration. Soul gets relieved and released of the vicious cycle of birth and death only after reaching here. Enjoy this infinite and absolute bliss to your fullest. This is your own land. This supreme Being only is your eternal friend."

I was enjoying that infinite, absolute bliss when I heard you asking to come down. I am not sure what power you used to bring me in the gross body. *Sevavratiji* started going inwards again when *Swamiji* scolded him and he returned back to the outside world. Right there was sitting '*Shreyanand Sadhu*'. He started crying and said to *Swamiji* - "You did not bestow anything to me". *Swamiji* humiliated him - "Do you possess the '*Seva Bhava*' (readiness to serve *Sadguru*)? You cannot expect to be bestowed if you don't have an inclination to serve *Sadguru*. First you get rid of your suspicions and convert yourself into an ideal disciple. *Sadguru bestows everything only to those who have gone beyond the call of duty towards Seva*. So, first become a disciple.

Now I could understand why *Sadguru* was so abrasive-like tough towards *Sevavratiji* for months before reaching to *Vritikut Ashram*.